

Enhanced Recovery After Surgery (ERAS)

At Stony Brook Medicine, Enhanced Recovery After Surgery (ERAS) are patient-centered pathways that incorporate “best” practice for patients undergoing surgery. This means using the most up to date evidence to improve your recovery and get you back to your normal activities sooner. Overall, ERAS pathways result in higher patient satisfaction, shorter hospital stays and less readmissions to the hospital.

Our multi-disciplinary team (including anesthesiologists, surgeons, nurse practitioners, physicians, assistants, nurses, pharmacists and social workers) works with you to ensure that you are getting the best care, both *before* and *after* your procedure.

We currently have the following active ERAS surgical pathways:

- [Hip/Knee Replacement surgery](#)
- [Colorectal surgery](#)
- [Spine surgery](#)
- [Cystectomy](#)
- [Gynecology](#)
 - [Gynecological oncology](#)
 - [Minimally invasive gynecology](#)
 - [Urogynecology](#)
- [Cesarean Section](#)
- [Surgical oncology](#)
- [Thoracic surgery](#)
- [Bariatric surgery](#)
- [Vascular and Endovascular](#)

For FAQ, visit: <https://www.stonybrookmedicine.edu/patientcare/preoperative-services/eras>

For more information about the Enhanced Recovery After Surgery Program at the Renaissance School of Medicine at Stony Brook University, visit: <https://renaissance.stonybrookmedicine.edu/anesthesiology/eras>